

Mentoring in a volunteering context

One-day workshop 09.45 – 16.00

Aim of the Session:

To develop participants' knowledge, skills and confidence, in undertaking a mentoring role with new volunteers, within the context of their volunteering project.

Learning Objectives

To enable participants:

- To understand the role of a mentor and techniques for boundary setting
- To develop communication skills
- To develop active listening skills
- To understand and explain issues around confidentiality
- To understand and explain support and supervision arrangements

This session will incorporate discussions of how participants can be effective in mentoring volunteers within the context of their project. The supporting activities will give participants the opportunity to explore how they may develop their own skills, and also understand the value of mentoring for the teams they are involved in and within the wider volunteering project.

Outline agenda

09.45 – 10:00	Registration and coffee
10.00 – 10.15	Welcome, introductions & agreeing outcomes for the day
10.15 – 11.15	Definitions, roles and responsibilities
11.15 – 11.30	Coffee
11.30 – 12.20	The mentoring context and active listening
12.45 – 13.30	Lunch
13.30 – 14.05	Mentoring in practice 1 – Observing
14.05 – 14.45	Mentoring in practice 2 – Having a go
14.45 – 15.00	Coffee
15.00 – 15.45	Know your limits – Boundaries and confidentiality
15.50 – 16.00	Summary and recap of key learning